

# New Jersey

## Shelters

	Miles off A.T.	Miles north of last shelter	Miles from Springer
Brink Road—1,110' (w)	0.2mW	31.4	1,302.8
Gren Anderson—1,320' (w)	0.1mW	6.9	1,309.3
Mashipacong—1,425' (nw)		5.9	1,315.0
Rutherford—1,345' (w)	0.4mE	3.3	1,318.3
High Point—1,280' (w)	0.1mE	4.8	1,322.3
Pochuck Mountain—840' (nw)		12.5	1,334.6
Wawayanda—1,200' (w)		11.8	1,346.4

(w) = water, (nw) = no water




### **Northbound—DELAWARE WATER GAP TO THE CONNECTICUT STATE LINE**

Water becomes scarce and the bears less so. In addition, you will see more suburban sprawl, an increase in your town expenditures, an increase in the bug population, and some swampy going.

### **Southbound—DELAWARE WATER GAP TO HARPERS FERRY**

From New England's roots and beautiful peaks, you will now be greeted by the Pennsylvania rocks. The consensus seems to be that the northern share are much more jagged and destructive to your boots and shins than the southern share. Fall approaches, as does cooler weather.

*Bear boxes are provided at several New Jersey shelters; please use them! Bears are extremely active in this area. One pair even destroyed a hiker's tent. Never feed bears or leave food unattended. Do not bury or scatter excess food; avoid eating or preparing food in your tent. It is now estimated that there exists one bear for every square mile in the New Jersey counties where bears range.*

 **New York–New Jersey Trail Conference**—The NY–NJ TC maintains the 162 miles from Delaware Water Gap to the New York–Connecticut state line. Correspondence should be sent to NY–NJ TC, 156 Ramapo Valley Road, Mahwah, NJ 07430; (201) 512-9348; <www.nynjtc.org>.

**Delaware Water Gap National Recreation Area Information Center**—Visible from the Trail next to the Delaware River, the center is open daily early Apr–Nov, 9–5; open weekends-only during the remainder of the year, 9–4:30, with restroom, pay phones, and a public beach on the Delaware River. The history of the recreation area is linked to a controversial 1960s plan to dam the Delaware, defeated by local opponents and the Trail community.

**Worthington State Forest**—Water is available from a pump at the northern end of the parking lot where the Trail leaves the DWG and begins an ascent along Dunnfield Creek. Camping allowed only at Backpacker Campsite. No fires permitted, and dogs must be leashed. Be sure to use the bear boxes or bear poles provided. Rangers patrol the area and issue fines for those violating camping and fire restrictions. Worthington State Forest extends from DWG to Kaiser Road.

**Sunfish Pond**—The southernmost glacial pond on the A.T., the pond also has several unique man-made features and is a beauty to behold. *No camping at the pond.*

**Herbert Hiller plaque**—The 24th A.T. 2,000-miler and a longtime Trail booster in New Jersey is memorialized on a plaque off the A.T. on Kittatinny Mountain.



**Camp Road—West**, on a dirt road, 0.3 mile to Mohican Outdoor Center, (908) 362-5670, operated by the AMC as a retreat center. Thru-hikers can stay overnight in a cabin with bunk, stove, shower, and a towel for \$12PP. Tent-camping free to thru-hikers. Camp store with sodas, candy, and limited hiker supplies. The center accepts packages sent *via* UPS to 50 Camp Road, Blirstown, NJ 07825. Check in at the lodge, entrance on the left. Water available at the lodge or a spigot near the garage across the road.

**Rattlesnake Spring**—Located 0.6 mile north of the Catfish fire tower on a dirt road about 50 feet west of the A.T. Extremely dry years may cause the spring to fail.

**Millbrook–Flatbrookville Road—West** 1.1 miles to Millbrook Village, a historical park with flush toilets, pay phone, and picnic area.



**Blue Mountain Lakes Road**—Camping needs to be 0.5 mile from this road. For northbounders, the hand pump for water is on the west side of the Trail before crossing the paved road. Southbounders can get water here and, in 0.5 mile, reach several grassy areas for tenting. Those open lots were sites of former homes and cottages, acquired in the course of Trail preservation. YMCA's Camp Ken-Etiwa-Pec, a former Boy Scout camp, is **west** 0.3 mile on Long Pine Pond and offers 2 screened 8-person shelters to thru-hikers from late spring to early fall. No fee.

**Crater Lake**—Located 0.5 mile east of the A.T. on a dirt road 2 miles north of Blue Mountain Lakes Road. The dirt road leads to a parking area and beach. North of the dirt road (50 yards) leading to Crater Lake is an orange-blazed trail that leads west 1.5 miles to Hemlock Pond, which offers good swimming.

**Brink Road Shelter** (1970)—Sleeps 5. No privy. Bears are especially active here. Water source is a spring 100 yards to the right of the shelter.



**U.S. 206/Culvers Gap**—*Groceries:* Worthington Bakery, (973) 948-4490, (short-term resupply), is located on the A.T. in Culvers Gap; pay phone; and vending machines. Memorial Day to Sep 1, open 8–6 Tu–Su; off-season, open F–Su 8–6. A hiker favorite for years; help keep it that way by complying with all guidelines posted by the proprietors. Water faucet for hikers is on the side of the building. *Restaurants:* Sunset Grill, open W–M, pay phone; Gyp's Tavern, located on nearby Kittatinny Lake, serves D. **East** 3.4 miles to **Branchville, N.J. [P.O. ZIP 07826: M–F 8:30–5, Sa 8:30–12; (973) 948-3580]**, but many services are closer. *Lodging:* Cobman Ridge Motel, (973) 948-3459, \$50S, \$55D, sometimes shuttle to A.T., call from Worthington. *Groceries:* Dale's Market (long-term resupply) and Yellow Cottage Deli & Bakery (short-term resupply). *Restaurants:* Mama Roni's Pizza/Pasta, open daily; Jumboland, B/L/D; Dairy Queen; Jimmy's Pasta and Pizza; Pub & Grub Package Goods, with ATM; and Stewarts Root Beer. *Other services:* 0.8 mile to a farmer's market with fresh fruit and vegetables;

Andy's Boot Repair in Carmine makes pick-ups on M, drop-offs on Th. *Lodging: West* 1.8 miles to Forest Motel, (973) 948-5456, Su–Th \$42D, F–Sa \$48, \$10EAP, pay phone outside. *Restaurant: Rosie's Pizza*, W–Su 11–9, L/D.

**Gren Anderson Shelter** (1958)—Sleeps 8. Privy. Built by the New York section of the Green Mountain Club. Water source is a spring to the left of the shelter.

**Mashipacong Shelter** (1936)—Sleeps 8. No privy. A stone shelter with wooden floor. No water is available at this shelter.

**Rutherford Shelter** (1967)—Sleeps 6. No privy. High bear activity in this area. Water source is a spring located 100 yards before the shelter on the connecting trail.

**Sunrise Mountain**—*No camping allowed at pavilion.* Nearby parking lot for day-use visitors. No water.



**N.J. 23—High Point State Park Headquarters**, (973) 875-4800, on the A.T., has pay phone, indoor restroom, and an outside water spigot. Rangers hold packages mailed to High Point State Park, 1480 State Route 23, Sussex, NJ 07461. Offices are open year-round. A swimming area, 0.6 mile down the road across from the park office, has a concession stand, grill, and hot showers available from Memorial Day to Labor Day. High Point Monument, on a short side trail from A.T., marks the highest point in N.J., 1,803 feet. Sawmill Lake Campground is located in the park, \$10 night, 6 people per site. *Lodging: East* 1.5 miles to High Point Country Inn; hikers may call Carla and Mike Hauck, (973) 702-1860, from the park office for a ride; \$75–\$85D; continental B; rides to Colesville, which has a deli and ATM, until 8 p.m.; laundry service available, soda machine. *West* 4.4 miles to the town of Port Jervis, N.Y. *Lodging: Comfort Inn*, across N.Y. state line, (845) 856-6611, two double beds, Su–Th \$95, F–Sa \$100–\$120. *Groceries: Shop-Rite* supermarket (long-term resupply). *Restaurants: Ponderosa Steak House* in the Comfort Inn, Dairy Queen, McDonald's, and a pizzeria. *Other services: pharmacy and bank.*

**High Point Shelter** (1936)—Sleeps 8. No privy. Stone shelter with wooden floor. Water sources for this shelter are two streams located on the trail to the shelter; both may fail in dry years. Potable water may be found 1.5 miles south at the High Point State Park headquarters.



**N.J. 519—East** 2.5 miles to High Point Country Inn (see listing above).

**Gemmer Road—East** 0.3 mile to Gettler's Farm, operated by beekeepers Bill and Percy Gettler, who sell jars of their award-winning honey and jams (made fresh from a variety of berry bushes on their farm). Water available from a spigot 100 yards east of the A.T.



**Lott Road—West** 0.4 mile to the town of Unionville, N.Y. [P.O. ZIP 10988: M-F 8-5, Sa 8-12; (845) 726-3535]. Lott Road is also known as Jersey Avenue. *Camping:* Hikers may use Unionville Memorial Park to pitch a tent if they get permission from the mayor first. Go to Horler's Store, and ask them to contact the mayor. A phone is located north of the post office on Rt. 284. Water is available from a spigot in the cemetery driveway 0.3 mile west of the Trail, inside the New York line. *Groceries:* Horler's Store (long-term resupply), M-Sa 6-9, Su 7-7. *Restaurants:* Backtrack Inn, serves D 4-9 and 2-9 on weekends. A vegetable stand is located across from the Backtrack Inn.



**N.J. 284—West** 0.4 mile to the End of the Line Grocery (short-term resupply) with deli sandwiches, outside pay phone, and ATM. Open daily 5-9.

**Pochuck Mountain Shelter** (1989)—Sleeps 6. No privy. Water source is a spigot on the north side of a vacant white house (owned by the N.J. Department of Environmental Protection) at the foot of Pochuck Mountain. A 200-foot connecting trail located approximately 0.6 mile south (steeply downhill) from the shelter and 150 feet north of the Liberty Corners Road crossing leads to that source. Southbounders can find water at a stream south of Rt. 565.



**N.J. 517—West** 1.1 miles to Glenwood, N.J. [P.O. ZIP 07418: M,W,F 7:30-5, Th 7:30-7, Sa 6:30-2; (973) 764-7280]. *Lodging:* Apple Valley Inn, (973) 764-3735. *Groceries:* Pochuck Valley Farm Market & Deli (short-term resupply) with pay phone, outside water spigot, and restroom. Open daily M-F 5-6:30, Sa-Su 5-6.



**N.J. 94**—*Lodging:* East 1.8 miles to Appalachian Motel, (973) 764-6070, Su–Th \$65D, F–Sa \$70D, \$5EAP. East 2.4 miles to **Vernon, N.J. [P.O. ZIP 07462: M–F 8:30–5, Sa 10–1; (877) 275-8777]**. *Camping:* Firehouse offers camping by the pavilion for no charge. No shower available. *Hostel:* Located in St. Thomas Episcopal Church; capacity 12; stay limited to one night; no dogs allowed; open daily June 15–Aug 31; Internet, laundry, shower, towel, refrigerator, microwave, and cooking in kitchen by permission; \$5 donation for shower and laundry; hikers may have to share space with other groups and are expected to pitch in and keep the hostel clean. *Groceries:* A&P Supermarket (long-term resupply) and a natural-foods store. *Restaurants:* Little Anthony's Pizzeria; Mixing Bowl; Lox of Bagels Deli; Appalachian Coffee House; a Chinese takeout; Saxony Bakery, W–Sa 5–5; Dairy Queen. *Other services:* coin laundry, veterinarian, pharmacy, Camera Shop, R.J. Mars Department Store, and amusement park. Vernon Urgent Care, (973) 209-2260, is located 1.1 miles beyond the hostel, all year M–F 8–9, Sa–Su 9–5. **West** 0.1 mile to the Heaven Hill Farm, (973) 764-5144, (short-term resupply), pay phone inside store, M–Su 9–8, Easter to Christmas.

**Wawayanda Mountain**—Near the top of the climb from N.J. 94, a blue-blazed side trail leads 0.1 mile to Pinwheel's Vista. The vista provides views to the west of Pochuck Mountain and the High Point Monument.

**Wawayanda Shelter** (1990)—Sleeps 6. No privy. Built by residents of Vernon township and Wawayanda State Park staff. The park headquarters is located north on the A.T. 0.1 mile, then on the blue-blazed trail 0.3 mile; pay phone outside. Water source is from a hose next to entrance to fenced-in work yard.



**Warwick Turnpike**—East 0.2 mile to L & L Farm, with fruit in season, ice cream, and hot dogs. Water from the hose at the barn. Open daily June–July. **West** 2.7 miles—*Groceries:* grocery store (long-term resupply). *Restaurant:* pizzeria and bagel shop. *Other services:* pharmacy and drive-in movie theatre.

# New York

## Shelters

	Miles off A.T.	Miles north of last shelter	Miles from Springer
Wildcat—1,180' (w)		12.0	1,358.4
Fingerboard—1,300' (nw)		14.3	1,372.7
Brien Memorial—1,070' (nw)		5.3	1,378.0
West Mountain—1,240' (nw)	0.6mE	3.7	1,381.7
RPH—360' (w)		31.6	1,412.1
Morgan Stewart—1,285' (w)		9.0	1,421.1
Telephone Pioneers—910' (w)		7.6	1,428.7
Wiley—740' (w)		9.0	1,437.7

(w) = water, (nw) = no water

*In New York, campfires are prohibited except at established campsites and shelters with designated fire rings.*

**Prospect Rock**—At 1,433 feet, this is the highest point on the A.T. in New York; Bear Mountain is only 1,305 feet. This and other rock faces along this ridge provide views of Greenwood Lake to the east.



**N.Y. 17A—East 2 miles to Greenwood Lake, N.Y. [P.O. ZIP 10925: M-F 8-5, Sa 9-12; (845) 477-8005].** *Lodging:* Breezy Point, (845) 477-8100, rates begin at \$75. *Groceries:* Market Basket Deli, with phone; CVS Pharmacy; Country Grocery; and Cumberland Farms, with deli sandwiches (all short-term resupply). *Restaurants:* Napoli Restaurant; Murphy's Tavern; Pajanos, restaurant and bar with live music; Village Barn Restaurant, with pizza; and Long Pond Deli. *Other services:* one-hour photo shop; Service Star Hardware; pharmacy; and Long Pond Marina, with boat rentals available. **West 1.6 miles to Bellvale, N.Y. [P.O. ZIP 10912: M-F 8-12 & 1-5, Sa 8-12; (845) 986-2880],** P.O. inside Bellvale General Store. Village Market, with fruit and ice cream; and Bellvale General Store, with deli sandwiches, closed Su (both short-term resupply). The larger town of **Warwick, N.Y. [P.O. ZIP 10990: M-F 8:30-5, Sa 9:30-2; (845) 986-1085],** is 2 miles beyond Bellvale. Warwick Motel, \$68.64 weekdays, \$79.37 weekends. Warwick also has a hospital, restaurants, drug store, coin laundry, ATM, and hardware store.

Nearest groceries: Shoprite (long-term resupply), 1.4 miles south of town on N.Y. 94.

**Wildcat Shelter** (1992)—Sleeps 8. No privy. Water source is a spring at the entrance of the side trail leading to the shelter.

**Mombasha High Point**—On a clear day, you can see the New York City skyline, including the Empire State Building.



**West Mombasha Road**—**West** 0.6 mile to Bently's North, (845) 781-4333, a deli open M–F 5:30–8, Sa 6–8, Su 6–4.

**Sterling Forest**—Between Greenwood Lake and Arden, 6 miles of the A.T. pass through the northern portion of a 20,000-acre tract called Sterling Forest. It was the center of a decade-long struggle between a corporate private landowner and a coalition of conservation groups, state agencies in New York and New Jersey, and such organizations as the NY–NJ Trail Conference and ATC. At issue was the development of new stores, offices, golf courses, and 14,000 new homes for an estimated 35,000 people in a small area that is mostly undeveloped. All told, more than 30 environmental groups, along with foundations, individuals, states, and federal agencies combined to contribute \$55 million toward the 1998 purchase and protection of 14,500 acres. Additional parcels have been added, the most recent being a purchase of more than 1,000 acres in late 2000 by the Trust for Public Land and the Open Space Institute. Today, only about 1,000 acres of the forest is subject to development.



**N.Y. 17**—Pay phone at road crossing. **East** 2.1 miles to **Southfields, N.Y. [P.O. ZIP 10975: M–F 8–12 & 1–5, Sa 8:30–11:30; (845) 351-2628]**. *Lodging:* Tuxedo Motel, (845) 351-4747, \$39.50S, \$44.50D, \$10EAP, local Chinese restaurant will deliver to motel. *Restaurants:* Red Apple Rest, open 5–9, B/L/D; and Corner Deli (short-term resupply), ATM, located across the street from Southfields P.O. **West** 0.7 mile to **Arden, N.Y. [P.O. ZIP 10910: M–S 10–12; (845) 351-5341]**. To reach the post office, follow N.Y. 17 north to the sign that says “Arden Homestead,” turn right, then bear right at the fork in the road. Three miles farther toward the town of Harriman are lodgings, groceries, restaurants, and coin laundries.



**Bear Mountain/Harriman State Park**—Home to the first completed section of the A.T. Dry conditions and forest fires have forced the closure of the A.T. in the park for days or even weeks in the summer. In 1994, Harriman State Park instituted a policy under which, even if other trails in the park are closed, the A.T. remains open to thru-hikers.

Major William A. Welch—General manager of Palisades Interstate Park from 1912 to 1940, Major Welch, along with volunteers from the NY-N JTC, was responsible for bringing together the framework for completion of the first section of Trail in Harriman and Bear Mountain state parks. The first chairman of ATC, he also designed the original A.T. diamond marker that remains the most-recognized symbol for the Trail.

**Fingerboard Shelter** (1928)—Sleeps 8. No privy. A stone structure, water is normally unavailable at the shelter. At times, a seasonal spring does flow. The closest dependable water source is Lake Tiorati, 0.5 mile on the blue-blazed Hurst Trail. Southbounders can get their water at Tiorati Circle, 1.1. miles north of the shelter.

**Arden Valley Road**—East 0.3 mile to Tiorati Circle, with restroom, showers in bath house, vending machines with sodas, ice-cream sandwiches, candy, water, and public beach on Lake Tiorati. Closes in the fall.

**William Brien Memorial Shelter** (1933)—Sleeps 8. No privy. A stone shelter built by the CCC and named in memory of the first president of the New York Ramblers. Water source is a spring-fed well that is prone to go dry. This spring is 80 yards down a blue-blazed trail to the right of the shelter. An alternative for northbounders is to stop at Tiorati Circle; swim, cook at one of the picnic tables, and hike to the shelter for the evening. Southbounders can get water at the park visitor center 0.4 mile west on the Palisades Interstate Parkway, 2.1 miles north of the shelter.

**Palisades Interstate Parkway**—West 0.4 mile to park visitor center with restroom, pay phone, soda and snack machines. From here, it is a mere 34 miles to NYC on the Palisades Interstate Parkway. Hitchhiking is not allowed on this busy thoroughfare.

**West Mountain Shelter** (1928)—Sleeps 8. No privy. Resident rattlesnake at this shelter. Located 0.6 mile on the Timp–Torne Trail, this shelter provides views of the surrounding countryside and the NYC skyline. No water available.

**Bear Mountain**—At 1,305 feet, this is one of the highest points on the Trail in New York and offers views of the Hudson River Valley and the New York City skyline. In the early 1900s, the state of New York was considering a site near the base of Bear Mountain for a prison, but Mary Averell Harriman, widow of railroad magnate Edward Harriman and primary landholder in the area, had other plans. In 1910, Mrs. Harriman agreed to donate 10,000 acres for the development of a park with the condition that the state discontinue its plans for a prison. What was then known as Sing Sing Prison was eventually built on the Hudson River 20 miles south of the A.T., its location giving birth to the phrase, “sent up the river.” Unreliable water source is hand pump at the summit.



**Bear Mountain Inn**—[P.O. ZIP 10911: M–F 8–1 & 2–4:45, Sa 10–12; after Labor Day, Sa 11–12 pick-up only; (845) 786-3747]. The inn on the A.T., (845) 786-2731, offers rooms beginning at \$89; a restaurant serving B/L/D, and a food court with pizza, grill, and deli, Su brunch available after Labor Day; gift shop; and game room. Restroom, ATM, vending machines, and pay phones also available. The Bear Mountain post office is across the street from the park administration building.

**Trailside Museum and Zoo**—North of the inn and south of Bear Mountain Bridge, the Bear Mountain Zoo contains many native species, including black bears, and offers an unique, and sometimes emotional, experience for thru-hikers. Within the park is also a well-photographed statue of Walt Whitman. Admission \$1; A.T. hikers admitted for free. The portion of the A.T. leading through the zoo—an original section from 1923—descends to 124 feet above sea level, its lowest elevation between Maine and Georgia. Dogs are not allowed in the museum/zoo section. After 5 p.m., the gate is closed. If you arrive after 5 or are hiking with a dog, hike around on U.S. 9W.



**Bear Mountain Circle**—West 0.7 mile from Bear Mountain Circle is Ft. Montgomery, N.Y. [P.O. ZIP 10922: M–F 8:30–5, Sa 8:30–12; (845) 446-2173]. *Lodging:* Bear Mountain Bridge

Motel, (845) 446-2472, \$50–\$60 weekdays, higher on weekends, with shuttle back to the Trail; Holiday Inn Express, (845) 446-4277, \$118.99– \$184.99; Old Oak Inn, (845) 446-3700, rates begin at \$35, restaurant and bar. Trading Post Motel is closed. *Groceries*: M & R Grocery Store, with ATM; Mobil Mini Mart (both short-term resupply); Grand Union supermarket (long-term resupply). *Restaurants*: Trading Post Restaurant, open M–Th 3 p.m.–midnight, F 3 p.m.–1 a.m., Sa noon–2 a.m., Su noon–midnight; Bagel Café with ATM, open M–F 5 a.m.–3 p.m., Sa 6–2, B/L; Fox’s Deli. Additional services are located beyond Fort Montgomery near the U.S. Military Academy at West Point, including Little Ritchies’ Bar, open 5:30 p.m. W–Sa. Fort Montgomery Historic Battleground now open.

**Bear Mountain Bridge**—Built at a cost of \$5 million in 1923–24, with funds provided by the Harriman family. When Earl Shaffer arrived at the bridge in 1948, he had to pay a nickel to cross. Today, only vehicles must pay.

**Anthony’s Nose**—Where the A.T. turns west on a dirt road, 0.5 mile north of N.Y. 9D, a turn east on this road, blazed as the Camp Smith Trail, leads 0.6 mile to the top of the mountain known as Anthony’s Nose. This rock outcropping, 900 feet above the river, offers outstanding views of the Hudson River Valley. The state Office of Parks, Recreation, and Historic Preservation now owns the property; please stay on the trail. Originally, the A.T. climbed steeply to the summit but was closed to hikers when World War II broke out and remained closed until 1993, when the New York State Division of Military and Naval Affairs gave permission for hikers to once again walk to the summit.



**U.S. 9—East 4.5 miles to Peekskill, N.Y. [P.O. ZIP 10566: M–F 7:30–5, Sa 8–12:30; (914) 737-1340].** If you plan to go into Peekskill, take Highland Avenue into town rather than U.S. 9 when the two roads fork about 3 miles from the A.T. Highland Avenue leads directly to the downtown area. Services in town include several motels and restaurants, supermarkets, pharmacy, coin laundry, banks with ATM, shoe repair, doctor, dentist, and veterinarian. The post office is on South Street, 4.5 miles from the A.T. With a population of close to 20,000, it is the largest town listed in the *A.T. Data Book*. (Waynesboro, Virginia, runs a close second.) Services are spread out over a large, bustling area.

**Graymoor Spiritual Life Center**—Hikers are permitted to sleep at the monastery's ballfield picnic shelter, which has water, a shower during warm months, and a privy. The ballfield shelter is open all season long. The first 14 hikers can get AYCE D at the Spiritual Life Center dining hall in July–Aug promptly at 5:30. Donations for food are welcome. *Directions:* North of U.S. 9, the A.T. climbs uphill and crosses a second paved road leading to the center. Northbounders should turn east where the Trail comes out at the road, bearing south at the fork to the ballfield, then turn north. Southbounders will cross unpaved Old West Point Road onto the Graymoor driveway; continue straight on driveway, then north where the driveway forks.



**Canopus Hill Road**—East 1.6 miles to the Putnam Valley Market (short-term resupply), (845) 528-8626, with pizza, hot food from the grill, ATM, pay phone, phone cards. Open daily 6:30–9 (closes at 7 on Su). Go east on Canopus Hill Road for 0.3 mile to its intersection with Canopus Hollow Road. Continue south on Canopus Hollow Road for 0.1 mile, then turn west on Sunset Hill Road, and follow it for 1.2 miles to its end, where the store is located. *Note:* Sunset Hill Road is a steep, winding road, that climbs about 400 feet from Canopus Hill Road. It may be difficult hitching a ride.

**Dennytown Road**—Water available from a tap on the side of the pump building. Opens third F of Apr, closes last Su of Oct. To reach campsite, go west on Dennytown Road for about 500 feet, then turn south onto a dirt road to top of hill.



**N.Y. 301/Clarence Fahnestock State Park**—East, 1 mile to the park's campground, (845) 225-3998, the beach area can be reached *via* an unmarked downhill gully trail that begins a quarter of a mile south of the viewpoint on the A.T. at the northern end of Canopus Lake, 2.3 miles north of N.Y. 301. The beach area is visible from the overlook. Campground open May–Oct, tentsites \$11.50. A free tenting area may be provided for thru-hikers, with hot showers, restroom, and water. Inquire at the park entrance. The beach area—concession stand and grill, pay phone, showers, and restroom—is open weekends-only until the end of June, when the park begins its daily summertime operations. The beach area closes Labor Day.

**Shenandoah Tenting Area**—Located 1.3 miles south of RPH Shelter, group camping is permitted. Water is available from a hand pump.

**RPH Shelter** (1982)—Sleeps 6. Privy. Available for hikers from Apr until hunting season begins in mid-Nov; closed the remainder of the time, but the grounds are available year around. Now a three-sided shelter with a front porch, the renovation was to meet NPS building codes. Caretaker Joe Hrouda does not accept maildrops but will accept postcards and letters sent to 18 Memory Lane, Hopewell Junction, NY 12533; note your ETA. Joe stops by the shelter each day during the thru-hiker season to deliver mail and check on the shelter. Water source is to the left of the shelter.



**N.Y. 52**—**East** 0.4 mile to the Mountain Top Market Deli (short-term resupply), open daily 6–8, with daily specials, deli and hot sandwiches, water for hikers, and pay phone. Danny's Pizzeria open daily at 11. **West** 1.9 miles to **Stormville, N.Y. [P.O. ZIP 12582: M–F 8–5, Sa 8–12; (845) 221-9710]**. *Grocery:* Citgo Mini Mart (short-term resupply). *Restaurant:* Stormville Pizza.

**Morgan Stewart Shelter** (1984)—Sleeps 6. Privy. Water source is a well with a pump located downhill and in front of the shelter.



**N.Y. 55**—**East** 0.2 mile to The Elite Dog hot-dog stand open Apr–Dec. **West** 1.5 miles to Pleasant Ridge Plaza, with Poughquag Central Market (long-term resupply); Pleasant Ridge Pizza with pay phone, serving L/D, closed M. **West** 2.1 miles to Pine Grove Motel, (845) 724-5151, rates begin at \$55, no credit cards, call ahead for reservations; Beckman Corner's Shoprite; Cumberland Farms; and 7 Stars Restaurant. **West** 3.1 miles to **Poughquag, N.Y. [P.O. ZIP 12570: M–F 8–5, Sa 8–12; (845) 724-3335]**, a larger town with pharmacy, doctor, bank with ATM, Great Wall Chinese Restaurant, La Contadina Pizzeria, and convenience store (short-term resupply) with deli.

**Nuclear Lake**—The site of a nuclear-research facility that was shut down in 1972. In the early 1990s, the site was restored, allowing the Trail to be rerouted nearer the shore.

**Telephone Pioneers Shelter** (1988)—Sleeps 6. Privy. Built with the assistance of the White Plains Council of the Telephone Pioneers of America. Water source is the stream crossed by the side trail leading to the shelter. Alternative water source is 0.7 mile north at the Champion residence (see next entry).



**County 20/West Dover Road**—Ron and Holly Champion, and their sons, Kevin and Patrick, live in the gray house east of the Trail; Coleman fuel for sale; water is available from a tap at the end of their lower walk. *Please don't knock at door.* **East** 3.1 miles to **Pawling, N.Y. [P.O. ZIP 12564: M-F 8:30–5, Sa 9–12; (845) 855-1010].** *Camping:* The town allows hikers to camp in its Edward R. Murrow Memorial Park, 1 mile from the center of town on West Main Street. The park offers lake swimming, restroom, and pay phone. No dogs permitted. Two-night maximum. *Lodging:* Sharadu B&B, (845) 855-1790, regularly \$75, special hiker rate of \$55, with continental B, no pets, call ahead. *Groceries:* A&G Food Market (long-term resupply). *Restaurants:* Vinny's Deli & Pasta and Great Wall Chinese. *Other services:* coin laundry, banks with ATM, pharmacy, bookstore, bar, and Metro-North station with train service to NYC. Call (800) METRO-INFO for fare and schedule.

**Dover Oak**—Located on the north side of West Dover Road, this is reportedly the largest oak tree on the A.T. Its girth four feet from the ground is 20 feet, 4 inches, and it is estimated to be more than 300 years old.



**N.Y. 22/Appalachian Trail Railroad Station**—**East** 0.6 mile to Tony's Deli (short-term resupply), with sandwiches, salads, restroom, pay phone and soda machine outside. Open daily 5 a.m.–midnight. **West** 2.6 miles to Dutchess Motor Lodge, (845) 832-6400, rooms beginning at \$65, higher on weekends, \$5 laundry. *Groceries:* Italian Village Deli & Market and Ben's Store. **West** 4 miles to the village of Wingdale (see entry below).

**Commuter Train**—On the south side of N.Y. 22, the Trail passes the A.T. station for a New York City commuter train (Metro-North). Trains leave the platform every Sa and Su at 2:45 p.m., 4:45 p.m., and 6:37 p.m. and arrive at Grand Central Terminal at 4:31 p.m., 6:31 p.m., and 8:16 p.m. Trains leave Grand Central at 7:50 a.m. and 9:50 a.m. on Sa and Su and arrive at the A.T. platform at 9:37 a.m. and 11:35 a.m. Fare is \$8.75 one way and \$17.50 round-trip. Weekday and

additional weekend services are available to New York from nearby stations in Pawling and Wingdale. Call (800) METRO-INFO for more information.

**Wiley Shelter** (1940)—Sleeps 6. Privy. Water source is a pump 0.1 mile north of the shelter on the A.T.; water should be treated.



**Hoyt Road—West** 1.5 miles to the Buttonwood Café with bakery, serving B/L and ice cream; M & W 9–3, Th–F 9–5, Sa–Su 10–5. **West** 3.3 miles and off N.Y. 22 to **Wingdale, N.Y.** [P.O. ZIP 12594: M–F 8–5, Sa 8:30–12; (845) 832-6200]. (To reach Wingdale Metro-North Station, continue south on N.Y. 22 for about one mile.) *Lodging:* Dutchess Motor Lodge (see N.Y. 22 entry). *Groceries:* Shur-Fine Grocery and Food Market (both long-term resupply). *Restaurants:* Adams Diner, open 24 hours; Cousin's Pizza; Peking Kitchen; and Cousin's Café, ice cream only. *Other services:* Adams Service Star Hardware.

# Connecticut

## Lean-tos\*

	Miles off A.T.	Miles north of last shelter	Miles from Springer
Ten Mile River—290' (w)		4.0	1,441.7
Mt. Algo—655' (w)		8.4	1,450.1
Stewart Hollow Brook—425' (w)		7.3	1,457.4
Pine Swamp Brook—1,075' (w)		10.0	1,467.4
Limestone Spring—980' (w)	0.5mW	12.8	1,480.2
Riga—1,610' (w)		8.0	1,487.2
Brassie Brook—1,705' (w)		1.2	1,488.4

(w) = water; (nw) = no water

\*Shelters are referred to as "lean-tos" in many parts of New England.

*Campfires are prohibited on the Trail in Connecticut, and camping is permitted only at designated sites. Ridgerunners patrol the state's 51 A.T. miles and serve as caretakers at Sages Ravine campsite.*



### Northbound—CONNECTICUT STATE LINE TO VERMONT STATE LINE

New England! Yippee! Quite the accomplishment, to date. From here, the people change, and your experience does, too.

If you are not from the north, expect your "people encounters" to be somewhat different. Many think northerners to be rude. Really, it isn't so—it's just a different way of communication. The terrain will begin to change to a more rugged reality, an excellent warm-up for what is to come.

### Southbound—CONNECTICUT STATE LINE TO DELAWARE WATER GAP

From here, you will have already passed the northbounders and will begin encountering new Trail partners—hunters. Be aware of your need to wear bright orange. Connecticut native Chester Dziengielwski (1923–2002), of Naugatuck, completed the first recorded A. T. southbound thru-hike in 1951.





**AMC-Connecticut Chapter**—The Trails Committee of the AMC-Connecticut Chapter maintains the 51 miles from the New York-Connecticut state line to Sages Ravine, just across the Massachusetts line. The Connecticut Chapter can be reached at (413) 443-0011.

**Bonanza Bus Service**—Several buses run each way between NYC and Bennington, Vt., and beyond, stopping at towns near the A.T., including Kent, Cornwall Bridge, and Falls Village in Connecticut and Great Barrington, Lee, Pittsfield, Williamstown, and North Adams in Massachusetts. For schedules and rates: (888) 751-8800, <[www.bonanzabus.com](http://www.bonanzabus.com)>.

**Ten Mile River Lean-to** (1996)—Privy. Tentsites available nearby at a campsite. Water source is normally a hand-pump 0.2 mile north of the lean-to, which was out of service in 2002.



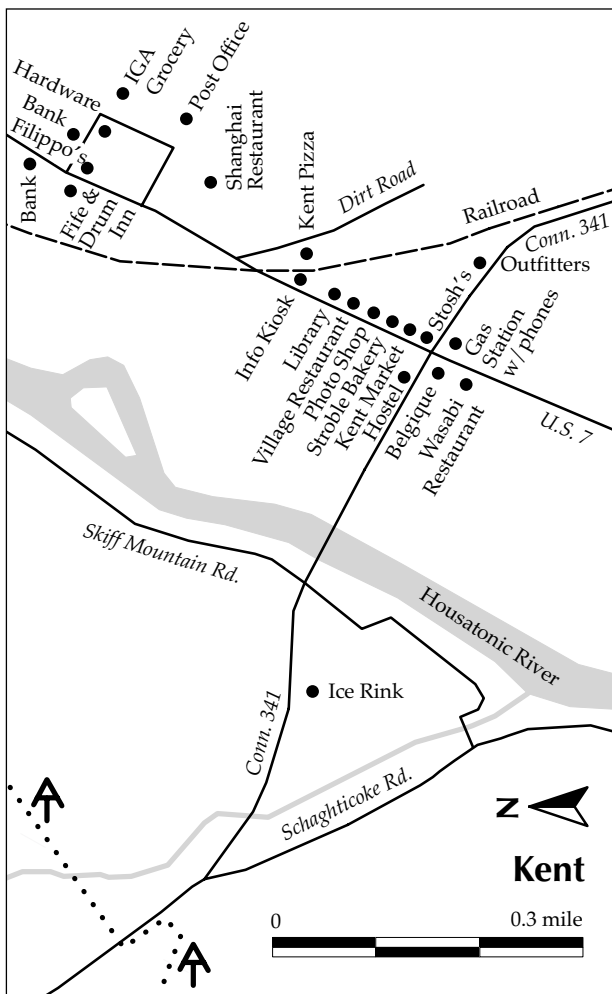
**Bulls Bridge Road**—East 0.5 mile to Country Market (short-term resupply) with fruit, Ben & Jerry's, water, pay phone, ATM, and e-commerce service. On the way to the store, you will cross the Housatonic River on Bulls Bridge, one of a handful of covered bridges still standing in Connecticut. A bridge has spanned the river here since the mid-1700s. During the Revolutionary War, George Washington and his army used this crossing on several occasions. The current bridge dates to the early 1800s.

**Indian Rocks**—Half a mile north of the only place along the entire A.T. where the Trail crosses an Indian reservation. Most of the land from here down to the river is claimed by the Schaghticoke Indian tribe, recognized by the state but not the federal government. The tribe, actually the remnants of several tribes, played a unique communications role during the Revolutionary War by transmitting signals along the ridges between Long Island Sound in N.Y. and Stockbridge, Mass., a distance of nearly 100 miles, in about 2 hours.

**Mt. Algo Lean-to** (1986)—Privy. Lean-to and water source are on a blue-blazed trail.



**Conn. 341**—East 0.8 mile to **Kent, Conn.** [P.O. ZIP 06757: M-F 8-1 & 2-5, Sa 8:30-12:30; (860) 927-3435]. *Hostel*: Episcopal Church located on Rt. 341 just west of the intersection with U.S. 7 offers space in the basement of the church to thru-hikers July-Aug. *Lodging*: Fife 'n Drum Inn & Restaurant, (860) 927-3509, rooms with hiker rates \$85D weekdays/\$110D weekends, \$2.50EAP, no dogs permit-



ted. Call for reservations; please discard broken gear and excess trash in the dumpster next to the restaurant. Gibb House B&B, (860) 927-1754. North on U.S. 7 2.5 miles is Rosewood Meadow B&B, (860) 927-4334, shuttle provided to and from town. *Groceries:* Davis IGA (long-term resupply); and Kent Market (short-term resupply), with deli sandwiches. *Restaurants:* Wasabi Japanese; Shanghai Chinese; Kent Gardens Pizza, L/D; Kent Coffee and Chocolate Co.; Kent Wine and Spirits, which asks hikers to sign its A.T. map; Stroble Baking Co., with home-made breads; Caralee's, B/L; Belgique, baked goods and ice cream; and Stosh's, ice cream. *Outfitter:* Backcountry Outfitters, (860) 927-3377, <Seetheworld@bcoutfitters.com>, offers backpacking

gear and supplies, holds UPS packages shipped to Backcountry Outfitters, 8 Old Barn Rd., Kent, CT 06757; \$2 solar shower; Coleman fuel by the pint; open M–Sa 9–6, Su 10–4. *Internet access:* library. *Other services:* bank with ATM; doctor; dentist; coin laundry; pharmacy; House of Books, with guides, maps, fax/UPS, FedEx services, open daily; and Kent Video & Photo, same-day film service. *Bus service:* Bonanza Bus stop is the Fife & Drum parking lot; tickets available from the inn or from the bus driver if the inn is closed.

**Red-pine plantation**—In recent years, the pines along the “river walk” north of Kent have seen hard times due to an insect blight. Most of the trees are now dead. The Connecticut Chapter of AMC harvested some of the dying trees to build new shelters, including the one at Ten Mile River.

**Stewart Hollow Brook Lean-to** (1980s)—Privy. Water source is reliable Stony Brook, 0.4 mile north of the lean-to on the A.T.

**Silver Hill Campsite**—The campsite, a privy, swing, water from a rusty pump, and a pavilion sheltering two picnic tables are what’s left of the once-fine Silver Hill Shelter that burned to the ground in 1991. Northbounders can get water from stream 0.5 mile south or spring 1.1 miles south. Southbounders can get water from Guinea Brook 1.2 miles north.

**Mohawk Trail**—The former route of the A.T. starts north of Guinea Brook on the A.T., passes through Cornwall Bridge, and returns to the A.T. near Falls Village.



**Conn. 4—East 0.9 mile to Cornwall Bridge, Conn. [P.O. ZIP 06754: M–F 8–1 & 2–5, Sa 9–12:30; (860) 672-6710].**

*Camping:* Housatonic Meadows State Park, 1 mile north from town on U.S. 7. Campsite \$13 per night for 1–4 persons, \$2EAP, max 6/site. Open mid-Apr to Sep. The park may be self-service in midweek; registration information at the main cabin by the gate. Showers, pay phone; no alcoholic beverages allowed. Accessible from the A.T. *via* Pine Knob Loop Trail (see below). *Lodging:* Hitching Post Motel, (860) 672-6219, rooms \$65S, \$75D hiker rates on weekdays, higher on weekends; and Housatonic Meadows Lodge B&B, (860) 672-6064. *Groceries:* Baird’s General Store (short-term resupply), with deli, made-to-order grinders (subs), full B, ice cream, and pay phone. *Other services:* veterinarian; Housatonic Meadows Fly Shop (new), with some hiker equip-

ment; and Cornwall Package Store, closed Su, owned by Richard and Patty Bramley, who have been wetting hiker whistles for a long time (be sure to sign the register), water spigot outside, sodas, beer, and liquor available. *Bus service:* Bonanza Bus stop at Baird's General Store; tickets sold inside store.

**Guinea Brook**—The Connecticut Chapter of AMC installed large stepping stones across the brook. In heavy rain, you may want to take the bypass: Northbounders should turn east on Conn. 4 and go downhill to unpaved Old Sharon Road on the north, which rejoins the A.T. on the other side of the stream. Southbounders should turn east on the dirt road that the Trail crosses before the brook, then follow it to Conn. 4, and turn south.



**Pine Knob Loop Trail**—Housatonic Meadows State Park (see above) can be reached from the A.T. by taking the blue-blazed Pine Knob Loop Trail 0.5 mile to Rt. 7. Then, Rt. 7 north for 0.4 mile. You can return to the A.T. via the Pine Knob Loop Trail.



**West Cornwall Road**—East 2.2 miles downhill to **West Cornwall, Conn. [P.O. ZIP 06796: M-F 8-1 & 2-5, Sa 8:30-12; (860) 672-6791]**, site of a historical covered bridge spanning a whitewater section of the Housatonic River. Services include restaurants and numerous gift shops. *Outfitter:* Clarke Outdoors, <[www.clarkeoutdoors.com](http://www.clarkeoutdoors.com)>, is located on U.S. 7 south of the village, with tube, canoe, and kayak rentals. Some outdoor gear and sportswear. **West 4.7 miles to Sharon, Conn. [P.O. ZIP 06069: M-F 8-5, Sa 9:30-1:30; (860) 364-5306]**, with a supermarket; restaurant, B/L/D; coin laundry; motel; bank with ATM; pharmacy; and hospital.

**Pine Swamp Brook Lean-to** (1989)—Privy. Water is available on the blue-blazed trail.

**Hang Glider View**—Occasionally still used as a hang-glider launch site, the view is toward Lime Rock Park, where Paul Newman and other celebrities have sped their cars around a classic 1.53-mile racecourse. Hikers staying at nearby Sharon Mountain Campsite on July 4 can stroll to the viewpoint for a huge fireworks show.



**U.S. 7**—The Trail now bypasses the road-walk along U.S. 7 *via* a cornfield. Mountainside Café, F 6:30–9:00, Sa–Su 7:00–9. Cabin rental, (860) 824-7886, \$75.00 per night, no restrictions on number of hikers in room, call for weekend reservations; pay phone and Bonzana Bus flag stop at café.

**Wheelchair-accessible trail**—South of Falls Village, the A.T. hooks up with the River Trail, recently converted to create a handicapped-accessible loop trail using part of the A.T. and an old racetrack. Also nearby is a nature trail that provides insight into the area's history. The stone ruins near the Trail were part of a pre-Civil War plan to turn the town into a giant industrial city. A stone canal would have channeled water from the Housatonic to power the village's dreams of grandeur. When crowds gathered for the opening of the canal in 1851, the walls leaked. Builders had failed to place mortar between rocks, and the project eventually died, leaving Falls Village the quiet backwater it is today.



**Falls Village**—From where the Trail meets the parking lot at the end of the nature trail, it is 0.5 mile **east** on Water Road to the village center. [P.O. ZIP 06031: M–F 8:30–1 & 2–5, Sa 8:30–12; (860) 824-7781.] *Restaurants:* Toymakers Café, B/L, Th–F 7–2, Sa–Su 7–4, tentsites \$5; Falls Village Road House; and Pizza Restaurant. *Other services:* Liquor store has sodas and hiker snacks; Jacob's Garage has snack machines, but please remove your pack so that their dog won't be alarmed; free railroad-car exhibit, including a rebuilt caboose, offers self-serve information; information also available at the town hall; and bank with ATM and pay phone.

**Hydroelectric Plant**—Cold shower and water are available outside the small, vine-covered building past the transformer. Look for silver shower head poking through ivy, with a small concrete pad below. Water may be available at a faucet outside the main building.

**Iron Bridge over Housatonic**—Built by the Berlin Construction Co. of Connecticut in 1903. The same company built the iron bridge that now takes hikers over Swatara Creek in Pennsylvania.

**Picnic Area**—North of bridge along the river, opposite the power plant, are picnic tables (no water), fire pits, a privy, trash cans, and parking area.

**Great Falls Dam**—North 0.5 mile on the A.T. are the Great Falls that gave Falls Village its name. Because the power plant below draws most of the river's water, the falls appear "great" only during heavy rains or snowmelt. In '96, Falls Village played host to a most unusual visitor from the north. A bull moose that wandered down the Trail tried to negotiate the sluiceway near the dam, but fell in. Workers from the power plant managed to rescue the bewildered beast. For a few days, it attracted throngs of villagers and day-hikers as it munched on river plants and other vegetation. The animal eventually died, but not from a broken leg, as first believed; the cause was attributed to a brain disease that affects moose.

**Limestone Spring Lean-to** (1986)—Sleeps 6. Privy is uphill to the right. Follow the stream to where the spring comes out of small limestone cave.

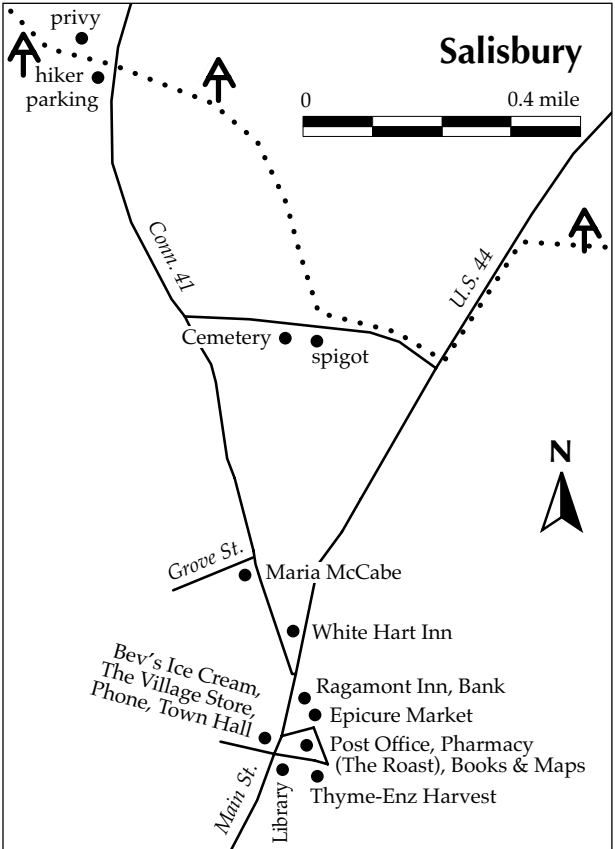
**Rand's View**—The A.T. passes by this vista, which offers views of the Taconic Range from Lion's Head to Mt. Everett and Jug End. *No camping allowed.*



**U.S. 44—West 0.4 miles to Salisbury, Conn.**

**[P.O. ZIP 06068: M–F 8–1 & 2–5, Sa 9–12;**

**(860) 435-5072].** Revolutionary War leader Ethan Allen, famous in Vermont history, studied here for a short time in preparation for entrance to Yale University (which he never attended). Allen later moved to the New York area that later became Vermont. For northbounders, turn east on U.S. 44 to town. For southbounders, it is best to follow Conn. 41, Undermountain Road, 0.8 mile into town. Water is available from a fountain at Town Hall and also from a spigot in the cemetery on Lower Cable Road. *Lodging:* White Hart Inn, (860) 435-0030, \$80 hiker rate, restaurant serves B/L/D, <[www.whitehartinn.com](http://www.whitehartinn.com)>; Inn at Ironmasters, (860) 435-9844, \$109S, \$155D weekdays, includes B, pool, rates higher on summer weekends; Maria McCabe offers rooms in her home to hikers, (860) 435-0593, \$50D, includes shower, use of living room, cooking outside, no laundry service, cash only. *Groceries:* La Bonne Epicure Market (long-term resupply), M–Sa, open 8–7, Su until 6. *Restaurants:* The Roast, (860) 435-0600, B/L; Thyme-Enz Harvest, B/L, owners Robert and Nancy Timan serve a large variety of baked goods, salads, and gourmet and home-cooked foods; and Bev's Ice Cream. *Internet access:* library. *Other services:* The Village Store sells Coleman in any quantity, sportswear, Vasque boots, open M–Sa 9–6, Su 11–3, pay phone outside; Lion's Head Books; pharmacy; and bank with ATM. Town hall offers restroom inside when open. From Salisbury, it is 2 miles



farther to the village of Lakeville, with coin laundry, hardware store, cobbler, pizza restaurant, doctor, bank with ATM, and dentist.

**Conn. 41 (Undermountain Road)**—West 0.8 mile to Salisbury (see previous entry).

**Riga Lean-to (1960s)**—Privy. The only shelter in Connecticut with a view. The shelter opens to the east, providing sunrise views. Tentsites are also available. Water is a spring on a blue-blazed trail to the left of the clearing at the A.T. A second source is where the trail to the lean-to crosses a small stream. Spring may not run in dry years.

**Brassie Brook Lean-to** (1980s)—Privy. A log lean-to with tentsites available. Water is available from a stream on the A.T. 50 feet north of the side trail to the lean-to.

**Bear Mountain**—At 2,316 feet, this is the highest peak in Connecticut but not the highest ground, which instead falls on the flank of nearby Mt. Frissell, the peak of which is in Massachusetts. The northbound descent into Sages Ravine is rocky and steep. In foul weather, an alternative route for northbounders is east on the Undermountain Trail for 0.8 mile, then north on the Paradise Lane Trail for 2.1 miles, reconnecting with the A.T. near Sages Ravine, a 1.7-mile detour.